

# RAPP



November 2018



## Contents

Important Dates in November

Announcements

Safe Boundary Presentation Opt Out Form

RA Happenings

Reading Corner Moment

Space Academy Club Programs

Picture Retake Flyer

White Ribbon Week Flyer

## Important Dates

- 11/4 Daylight Savings Ends
- 11/6 5th Grade Field Trip - University of Utah Engineering Department
- 11/8 6th Grade Field Trip - Hale Center Theater "Velveteen Rabbit"
- 11/8 Picture Retake Day (available until 1pm)
- 11/8-10 MS Play "Alice in Wonderland" Performances at 7pm
- 11/9 MS Play Assembly
- 11/12 Chipotle Spirit Night - 4-8pm (Traverse Mountain Location)
- 11/12-16 White Ribbon Week
- 11/14 4th Grade Field Trip - BYU Bean Museum
- 11/19 Kindergarten Thanksgiving Feast 9:30-10:30 AM
- 11/20 3rd Grade Field Trip - This is the Place, Heritage Park
- 11/21-23 Thanksgiving Break
- 11/26-27 Student Safety Boundaries Presentations (K-8)
- 11/29 FEC Family Event - Classic Skate Night (Classic Fun Center, Sandy)



# Announcements

## After School Programs - Ballet

Dear Parents,

We are pleased to announce that Barbara Valles, who is certified by both the Cuban and Vaganova systems in the Methodology of Classical Technique, will be joining our team of quality dance trainers. She will start by introducing Progressing Ballet Technique (a system of dance conditioning) into our program. We want to invite all those interested in strengthening their dancing to take part in our Progressing Ballet Technique class offered on Fridays from 12:45-2pm in the music room. This conditioning class benefits dancers of all ages and levels. If your dancer is currently enrolled in ballet, ballroom, or jazz this will help them increase core strength and target muscle for posture, rotation, and feet. Any dancer who needs an extra push or simply would like to refine technique, we invite to join. No experience necessary, all levels welcome. Your dancer may try the class for the first time without enrollment by reserving a space via email to [nbybee@renacademy.org](mailto:nbybee@renacademy.org). If you have questions, feel free to email me.



To enroll, visit our EventsBrite page at: <https://www.eventbrite.com/e/after-school-activities-2018-2019-tickets-49489347972?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=escb&utm-source=cp&utm-term=listing>

Thank you!

Nikki Bybee  
Physical Education & Dance  
After School Programs Coordinating Director

## Picture Retake Day ~ Thursday Nov 8th until 1 pm

Anyone interested in having picture retakes, this is available until 1 pm on Thursday 11/8. Any families who bought a package and would like their pictures taken again, please bring your original package back to return to the photographer when the pictures are retaken. Please see the flyer at the end of the RAPP.

## After School Daycare Club ~ Supervisor needed!

We are in need of After-School Daycare Club Teacher! Nicole Chatelain has done an awesome job running our After-School Daycare Club, we are truly sad to see her leave. We are hoping we can find another person to run After-School Daycare from 3-6pm Mon-Thurs, 12-6pm Fri beginning after Christmas. The work would include homework help, reading, time on the playground/gym, crafts, science experiments, etc. If you or anyone you know would be interested in running After-School Daycare Club, please email [nbybee@renacademy.org](mailto:nbybee@renacademy.org).

## Student Safety Boundaries Presentation - November 26 & 27

On November 26th and 27th, guest speaker Ms. Lauren Davis from The Utah Valley Family Support and Treatment Center will be coming to Renaissance to speak with our students about safe boundaries and abuse prevention. The Utah State Office of Education and school boards in Alpine, Provo and Nebo School Districts have approved these presentations, which are given free of charge at schools. Ms. Davis regularly presents in schools and classrooms around the valley. Parents are welcome to attend the presentation with their student. Please find our presentation schedule at the conclusion of this email. Most of the presentations will take place in your student's classroom. For those that do not take place in the home classroom, the location is listed below.

The Family Support and Treatment Center is a nonprofit agency whose focus is the prevention and treatment of abuse and traumatic events. For over a decade, the Family Support and Treatment Center has offered insightful presentations meant to educate and empower youth regarding abuse and related issues. The majority of the presentation is a group discussion that helps students identify what they would do in several situations. Below is a brief description of the presentations. Additionally, a short preview of the videos used in each presentation can be found at [playitsafe.org](http://playitsafe.org).

**Mae Shares a Secret (1st-2nd grade):** Students watch a short film about a young girl, Mae, which is spending the summer with Grandpa, and shares her secret about her mom's boyfriend. In this program children are taught to never keep a secret when it's not safe. Students learn about the difference between a good/bad/ confusing touch, and the four safety rules to use when they are in trouble (say no, get away, tell someone, yell).

**Chase Steps Up (3rd-4th grade):** Students watch a short film about a young boy, Chase, who loves baseball, but he is tormented by the secret that someone close is abusing him. With the help of his coach, Chase understands he can step up and tell. Students learn that secrets can be good or bad and that telling bad secrets to a caring adult is the right thing to do. Students learn the difference between good/bad/confusing touches, the difference between a good/bad secret, and four safety rules to keep themselves safe (say no, get away, tell someone, yell).

**Aiden's Discovery (5th-6th grade):** Students watch a short film about a young boy writes a paper about sexual abuse in school and begins to suspect that his best friend may be experiencing abuse by her coach and needs help. Students learn the difference between good/bad secrets, how to recognize sexual abuse, and how to be assertive and help if they are concerned about friends. Special emphasis is placed on saying no, telling an adult, and that the victim is never at fault.



Knowing that this is a sensitive subject matter and that some parents may want to choose a different time and set of circumstances to introduce this issue, we are providing an “opt out” option for every family. If you do NOT want your student to participate in their class presentation, please find and complete an ‘opt out’ form (one for each child) and return it to the teacher. The opt-out form can be found included in our November RAPP. Alternately, please contact your student’s teacher by email to excuse them from the presentation. In a discrete and thoughtful manner, the teacher will then arrange for your child to spend the 45 minutes of the presentation with another classroom on the same grade level. If you are interested in finding out more about any of these programs, please contact Lauren Davis, at (801) 229-1181 or [ldavis@utahvalleyfamilysupport.org](mailto:ldavis@utahvalleyfamilysupport.org). Alternatively, contact our Acting Dean of Students, Shelby Dieters [sdieters@renacademy.org](mailto:sdieters@renacademy.org) for more information.

Our presentation schedule is as follows:

	Monday, November 26th			Tuesday, November 27th		
	Teacher	Grade	Room #	Teacher	Grade	Room #
8:00-8:30	Boyd	Kindergarten	121	Ahlstrom	3rd (Rooster)	213
8:30-9:00	Carsey	4th (Horses)	216	Felton	2nd	120
9:00-9:30	Yin	5th (Snakes)	Portable	Strate	3rd	212
9:30-10:00	Depallens	4th	215	Flink	5th (Bears)	Portable
10:00-10:30	St. Clair	4th	201	Black	1st	120
10:30-11:00	Holmgren	AM Kindergarten	116	Booth	5th	Portable
11:00-11:30	Harman	2nd (Monkeys)	106	Atkinson	1st	118
11:30-12:00	Dominguez	2nd	107	Jones	5th	Portable
12:00-12:30	Holmgren	PM Kindergarten	116			
12:30-1:00	Harman	2nd (Tigers)	106			
1:00-1:30	Carsey	4th (Oxen)	216	Middle School Assembly		
1:30-2:00	Black	1st	120	Middle School Assembly		
2:00-2:30	Fondell	Kindergarten	117	Middle School Assembly		
2:30-3:00	Steiner	3rd	218	Ahlstrom	3rd (Sheep)	213



JOY A. O'BANION BUILDING  
1255 N 1200 W, OREM, UT 84057  
P: 801-229-1181 | F: 801-229-2787  
[utahvalleyfamilysupport.org](http://utahvalleyfamilysupport.org)

Dear Parents,

The Family Support & Treatment Center is a nonprofit agency whose focus is the prevention and treatment of abuse and traumatic events. For over a decade, the Family Support & Treatment Center has offered insightful presentations meant to educate and empower youth regarding abuse and related issues. The Utah State Office of Education and the school boards in Alpine, Provo and Nebo School Districts have approved these presentations, which are given free of charge at schools. The majority of the presentation is a group discussion that helps students identify what they would do in several situations. Below is a brief description of the presentations. Additionally, a short preview of the videos used in each presentation can be found at [playitsafe.org](http://playitsafe.org).

- **My Body Belongs to Me (Preschool):** Using puppets and games, students learn about body ownership and how to keep themselves safe in various situations. Special emphasis is placed on trusting the “uh-oh” feeling that comes from uncertain touches and people, respecting private parts, and talking to trusted adults
- **Mae Shares a Secret (1st-2nd grade):** Students watch a short film about a young girl, Mae, which is spending the summer with Grandpa, and shares her secret about her mom’s boyfriend. In this program children are taught to never keep a secret when it’s not safe. Students learn about the difference between a good/bad/confusing touch, and the four safety rules to use when they are in trouble (say no, get away, tell someone, yell).
- **Chase Steps Up (3rd-4th grade):** Students watch a short film about a young boy, Chase, who loves baseball, but he is tormented by the secret that someone close is abusing him. With the help of his coach, Chase understands he can step up and tell. Students learn that secrets can be good or bad and that telling bad secrets to a caring adult is the right thing to do. Students learn the difference between good/bad/confusing touches, the difference between a good/bad secret, and four safety rules to keep themselves safe (say no, get away, tell someone, yell).
- **Aiden’s Discovery (5th-6th grade):** Students watch a short film about a young boy writes a paper about sexual abuse in school and begins to suspect that his best friend may be experiencing abuse by her coach and needs help. Students learn the difference between good/bad secrets, how to recognize sexual abuse, and how to be assertive and help if they are concerned about friends. Special emphasis is placed on saying no, telling an adult, and that the victim is never at fault.

Knowing that this is a sensitive subject matter and that some parents may want to choose a different time and set of circumstances to introduce this issue, we are providing an “opt out” option for every family. **Complete the section below (one for each child) and return it to the teacher, if you do NOT want your child to attend the presentation.** In a discrete and thoughtful manner, the teacher will then arrange for your child to spend the 45 minutes of the presentation with another classroom on the same grade level.

If you are interested in finding out more about any of these programs, contact Jenna Labrum, at (801) 229-1181 or [jlalbrum@utahvalleyfamilysupport.org](mailto:jlalbrum@utahvalleyfamilysupport.org).

At your service,  
Jenna Labrum  
Education Specialist

**I wish to “OPT MY CHILD OUT” of the Abuse Prevention Presentations that will be held in the classroom. I understand that my child will spend the 45 minutes with another classroom on the same grade level.**

Child’s Name: \_\_\_\_\_ Teacher: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# R.A. Happenings

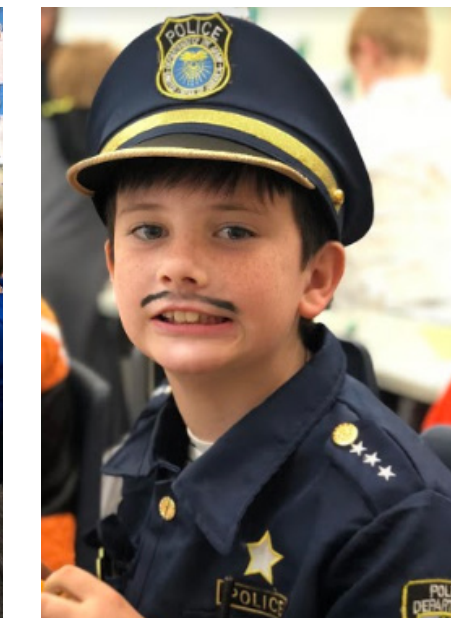
## 2nd Grade Field Trip to Hare Krishna Temple



## Fun Opportunities in 4th Grade!



# Halloween Celebrations





# Reading Corner Moment

Studies show that speaking to you children will help them to be better readers and enjoy a larger vocabulary. Betty Hart and Todd Risley have done extensive studies on the importance of oral language interaction.

“When parents just talk to create or maintain social closeness with their children, letting immediate circumstances determine the words they use, they expose their children to a steady stream of diverse words and expressions associated with all the varied objects the parents and children handle in the varied places they interact. Children hear vocabulary used in connection with many slightly different uses of objects and in relation to many other different words in a variety of sentence structures.” (Hart & Risley, 2014)

Talking to your children, as well as reading to them every day, will give them the boost they need to become stellar readers.



# SPACE ACADEMY CLUB PROGRAMS



THE YOUNG ASTRONAUTS AND VOYAGER CLUB PROGRAMS ARE DESIGNED TO EDUCATE OUR STUDENTS WITH REAL LIFE APPLICATIONS TO HISTORY, SOCIAL STUDIES, AND SCIENCE, ALONG WITH LIFE SKILLS SUCH AS PROBLEM ANALYSIS AND PROBLEM SOLVING, TEAMWORK, COMMUNICATION, PERSONAL RESPONSIBILITY, AND LEADERSHIP. THIS IS ALL SEAMLESSLY PRESENTED BY TAKING STUDENTS INTO A FUTURISTIC STARSHIP SIMULATOR THAT ALLOWS THEM TO BE IN CONTROL OF THE SCENARIO WE PRESENT. OUR PROGRAM HAS BEEN IN DEVELOPMENT FOR OVER 30 YEARS. THIS PROGRAM IS LED BY VICTOR WILLIAMSON. HE HAS LED MORE THAN 300,000 STUDENTS IN THIS METHOD OF LEARNING, AND CONTINUES TO DO SO HERE AT RENAISSANCE ACADEMY. BECAUSE WE TEACH THROUGH EXPERIENCE, WE PLACE STUDENTS OUTSIDE OF THEIR COMFORT ZONES, WHICH HELPS THEM GROW IN AMAZING AND UNEXPECTED WAYS.

## WHAT PARENTS ARE SAYING ABOUT THIS PROGRAM:

Amber Doxey



I have several children who have enjoyed the "out of this world" space program (pun intended) here at Renaissance! They are learning so many life skills in an exciting, educational, fun way. They learn leadership, how to work as a team, how to deal with defeat and set backs as well as triumphs. It truly is a brilliant program. I know some of the space center locations allow anyone to book a mission. I have had several of my kids birthday parties here as well and have officially become the coolest mom in the neighborhood!! It is also a fun idea for a group date as well!!



Sara Foster



My son LOVES this program! I didn't know the details of what I was signing up for, initially, but was beyond pleased with the results. The missions are progressive, so my son would come home and tell us all about what happened and how his team either prevailed or planned to approach the problem in their next session. I was in awe of his excitement and the critical thinking the program required. Mr. Williamson is organized, fun, friendly and creates the perfect environment to cultivate learning and growth! I look forward to another great year, and highly recommend this program to anyone!



## PROGRAM HIGHLIGHTS:

- ONCE A MONTH MEETINGS, CHOOSE YOUR DAY
- TREMENDOUS PERSONAL GROWTH
- HIGHLY TRAINED STAFF TO FACILITATE GROWTH
- ONLY \$42 FOR THIS INCREDIBLE EXPERIENCE



JOIN TODAY AT :

[WWW.SPACECAMPUTAH.ORG](http://WWW.SPACECAMPUTAH.ORG) > YOUTH CLUBS > REGISTRATION



# Picture Day is Coming

Order before Picture Day at **mylifetouch.com**

Picture Day is:

**Thursday, November 08, 2018** Retake Day! Renaissance Academy

**1 VISIT:**  
**mylifetouch.com**

**2 ENTER**  
your Picture Day ID  
**UM338080Q2**

**3 ORDER**  
your perfect package—and  
don't worry about returning  
anything on Picture Day!

**Earn & save!**  
Join **MyFamily Rewards™**  
when you order online.



**Questions? Please call 1-800-736-4753**



**RAPP Announcement**  
**Nov. 12-16**

Renaissance Academy is hosting White Ribbon Week this year. This is a week where we will focus on helping students make healthy choices in media and technology. This year's theme is **"Let's Get Real."** We will be helping students find a healthy balance between screen time and "real life" activities by giving them specific tools and challenges. Each morning we will share a "Reality Boost" message followed by a coordinating activity during lunchtime and an end of the week assembly slide show\*. We hope parents will take the opportunity to talk to their kids about what they learn throughout the week.

**\*Please help us with our Slideshow!** We want pictures or 20 second videos of your student(s) participating in "real" activities (ie sports, hobbies, play, outdoors, etc). You can msg Kristin Barlow the photo or video through facebook or instagram (@kristinbarlow1) or email it to whiteribbon.ra@gmail.com

### Daily "Reality Boost"

**Monday:** "I will swap screen time for a real play each day"

**Tuesday:** "I will always talk to a trusted adult right away about anything that doesn't seem right"

**Wednesday:** "I will be kind online."

**Thursday:** "Not everything I see online is real."

### Lunchtime Activities

**Monday:** Students can write their favorite real life (non-screen) activity on paper pennants to be displayed in the hallways that week.

**Tuesday:** Review the 10-minute rule, teach them Tic-Tac-Toe(Turn it Off, Tell a Trusted Adult, & Turn to something active), followed by Tic-Tac-Toe Games

**Wednesday:** Students can throw bean bags/balls into a box labeled "Be a Winner, Be kind Online"

**Thursday:** Take a Reality Quiz