

RAPP



September 2016



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Important Dates

9/14	1st grade Immersion walking field trip - Smiths
9/15	4th grade field trip - Museum of Ancient Life
9/15	MS field trip - UVU Constitution Week
9/16	FEC Carnival 4:00-7:00 pm
9/21	1st grade Loreda & McKim walking field trip - Smiths
9/26-30	Fall Book Fair
9/29	Students dismissed early at 12:15 for SEPS
9/29	SEPS (Parent/Teacher Conferences) 2:00-7:00 pm
9/30	SEPS 12:30-3:30 pm by appointment only

MS Play rehearsals are every Tuesday & Thursday 3-5pm.

The Renaissance Academy Printing Press



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WELCOME FROM THE DEAN

Dear Renaissance Parents/Guardians and Families,

Please carefully review the following information and reminders included in this month's edition of the Renaissance Academy Printing Press (RAPP) to keep yourself informed about the many activities, events and happenings at Renaissance both this week and in the near future. Please let me know if you have any questions or concerns about anything at Renaissance by emailing me at smccappin@renacademy.org.

1. Do you know someone interested in attending Renaissance this year? Invite them to enroll now for 2016-17.

This year we will continue to enroll new students interested in attending our school throughout the year. If you have friends or neighbors who might be interested in attending RA this year, please have them check out our school website at www.renacademy.org, contact our school office at 801-768-4202 or email me directly at smccappin@renacademy.org with any questions, to find out if a seat is available in their respective grade level or to organize a school tour.



Mrs. McCappin

2. School starts at 8:00 am - Please help us maximize student learning by having your student/s at school before 8 am



Parents, please support your student/s and our teachers by bringing your student/s to school early and making sure they are in their classroom/s and ready to learn before 8 am. Our classroom schedules are very tight here at Renaissance, and our teachers aim to maximize student learning and instruction time by beginning to teach immediately following the 8 am bell. We understand that sometimes things happen and you don't make it out the door quite early enough, however please do your very best to get your students here on time. If a student is late to school and arrives after 8:10 am they are required to

check in at the office to receive a late slip before heading to class. The late slip is then presented to their classroom teacher for attendance tracking purposes.

3. Student absences - <https://renacademy.org/excuse-absence>

If your student is absent from school, please go online as soon as possible to our school website to excuse this absence and let us know why your student is not at school. School attendance is required by law and we are required to keep track of who is and is not regularly attending school. It only takes a moment - Please see the following link if and when you need to excuse your student's absence from school at <https://renacademy.org/excuse-absence>.



4. 2016-17 School Calendars

Our 2016-17 Renaissance Academy school calendars arrived last week and were sent home in your oldest students backpack. Every RA family and faculty member should now have a hard copy school calendar. If you have not yet received your 2016-17 Renaissance calendar please inquire at the office.



5. Friday School - Our 7th - 9th grade Middle School Remediation Program - Begins Friday 9/9 12:30-2:30 pm

We will be begin our 'Friday School' academic remediation program for 7th-9th grade students struggling or falling behind in class this Friday 9/9. For those of you new to Middle School this year 'Friday School' is our academic remediation program for students currently struggling to maintain their grades (i.e., C grade or higher), and who would benefit from extra academic support, question time and teacher instruction. All MS students are invited to attend 'Friday School', however students failing to maintain A and B grades in all subjects are encouraged and expected to attend.

This year 'Friday School' will run most Fridays (with the exception of when full-day field trips are scheduled) from 12:30 - 2:30 pm. Students with a 'C' grade or below in any subject will be expected to attend. Please speak with your student regularly about their grades and progress, contact your students teacher and check their grades on Aspire (our student information system) to stay informed about how your student is doing at school and whether they could benefit from attending 'Friday School'. Students attending 'Friday School' on any given Friday should either bring a sack lunch from home or order a sack lunch from the cafeteria by raising their hand during lunch count on Friday morning. As 'Friday School' is considered an extension of the normal school day, students are not permitted to leave school grounds for any reason (i.e., to purchase lunch) unless checked out by their parents or guardian. If you would like your student to leave 'Friday School' early please check them out through the front office as you would at any other time during the school day.

Students attending 'Friday School' are expected to report to Mr. Vidinha's classroom at 12:30 pm on any Friday. They are welcome to eat their lunch either before they come or in Mr. Vidinha's classroom during 'Friday School'. All of our RA MS core teachers (Math, Language Arts, Science and Social Studies) will be available during this time to provide academic support to students. Once students report to Mr. Vidinha's classroom they may then disperse into smaller groups in various subject classrooms depending on the size of the student group that day.

6. Middle School Student Tardies

We are beginning to have a problem with MS students being consistently late to class. Students are showing up frequently late both first thing in the morning and then to various class periods throughout the day. Please make the extra effort to help your students to be on time to school and remind your students that if they are consistently late to class they will receive an instant after school detention. Please remind your students how important it is for them to be punctual to class to ensure they do not miss valuable instruction time or course content.

Each MS teacher has put into place a specific tardy/detention policy in their classroom. This policy has been clearly communicated to your student/s, they know what is expected of them and when they



will receive an after school detention for tardiness. If your student receives a detention for being tardy the teacher who issues the detention will inform the student and contact you as their parent via email to inform you of the detention date and time, as well as why the detention was issued. If you have any specific questions regarding each individual teacher's tardy/detention policy please contact them directly by email.

7. Middle School PE Dress

MS students are required to wear PE appropriate attire for PE class. This includes appropriate running shoes, shorts (dress code approved length) or sweats, a sleeved t-shirt, and if needed a sweatshirt. PE clothing does not need to be dress code colors. Students are required to change immediately before and then again after PE class back into dress code clothing before their next class period. Our PE teacher Mr. Story allows time for your student to change both at the beginning and end of PE class. As MS PE is not held in period 7 all students should be leaving school in dress code clothing unless remaining after school for dance rehearsals. PE clothing should be appropriate for school and modest. Please ensure your student does not wear their dance clothes for PE - tank tops/sleeveless shirts are not appropriate for PE. Clothing that shows a student's midriff is not permitted at school for PE or Dance class. If your student does not present to class in appropriate PE or Dance clothing they will be asked to change and/or sent to the office and asked to call home for approved clothing.

Students who have PE in Period 1 starting at 8 am should come to school dressed in their PE clothes (not dress code). They should bring their change of dress code clothing in a backpack to change into at the end of PE before Period 2. We do not want to waste valuable PE class time changing into PE clothes when the students have only just arrived at school.

8. Lost and Found - Located in the Gym



Just a reminder to please mark all student sweaters, jackets, lunchboxes, and other personal belongings with your student's name. This makes it easier to find the owners and prevents you having to re-purchase lost items. Lost and found items are regularly placed in the gym and will be kept/held for one week before they are donated. Pictures are also posted weekly to our Renaissance Facebook page.

9. Toys and Pokemon cards are not permitted at school

Parents, please remind and do not permit your children to bring toys or Pokemon cards to school unless special privilege is granted by your student's classroom teacher for a special occasion or class rewards. These items are not permitted in the playground during any recess or lunch period to help the student make the most out of their time to run around outside. Students will receive reminders before items are taken from them by their teachers if seen during recess. Any item taken from a student may be collected from their classroom teacher by a parent/guardian.



ANNOUNCEMENTS

Boundaries Presentation

Beginning tomorrow Wednesday 7th September, guest speaker Ms. Jenna Labrum from The Utah Valley Family Support and Treatment Center will be coming to Renaissance to speak with our students about safe boundaries and abuse prevention. The Utah State Office of Education and the school boards in Alpine, Provo and Nebo School Districts have approved these presentations, which are given free of charge at schools. Ms. Labrum regularly presents in schools and classrooms around the valley. Parents are welcome to attend the presentation with their student. Please find our presentation schedule at the conclusion of this email. Most of the presentations will take place in your student's classroom. For those that do not take place in the home classroom, the location is listed below.



The Family Support and Treatment Center is a nonprofit agency whose focus is the prevention and treatment of abuse and traumatic events. For over a decade, the Family Support and Treatment Center has offered insightful presentations meant to educate and empower youth regarding abuse and related issues. The majority of the presentation is a group discussion that helps students identify what they would do in several situations. Below is a brief description of the presentations. Additionally, a short preview of the videos used in each presentation can be found at playitsafe.org.

My Body Belongs to Me (Preschool): Using puppets and games, students learn about body ownership and how to keep themselves safe in various situations. Special emphasis is placed on trusting the “uh-oh” feeling that comes from uncertain touches and people, respecting private parts, and talking to trusted adults.

Mae Shares a Secret (1st-2nd grade): Students watch a short film about a young girl, Mae, which is spending the summer with Grandpa, and shares her secret about her mom's boyfriend. In this program children are taught to never keep a secret when it's not safe. Students learn about the difference between a good/bad/confusing touch, and the four safety rules to use when they are in trouble (say no, get away, tell someone, yell).

Chase Steps Up (3rd-4th grade): Students watch a short film about a young boy, Chase, who loves baseball, but he is tormented by the secret that someone close is abusing him. With the help of his coach, Chase understands he can step up and tell. Students learn that secrets can be good or bad and that telling bad secrets to a caring adult is the right thing to do. Students learn the difference between good/bad/confusing touches, the difference between a good/bad secret, and four safety rules to keep themselves safe (say no, get away, tell someone, yell).

Aiden's Discovery (5th-6th grade): Students watch a short film about a young boy writes a paper about sexual abuse in school and begins to suspect that his best friend may be experiencing abuse by her coach and needs help. Students learn the difference between good/bad secrets, how to recognize sexual abuse, and how to be assertive and help if they are concerned about friends. Special emphasis is placed on saying no, telling an adult, and that the victim is never at fault.



Knowing that this is a sensitive subject matter and that some parents may want to choose a different time and set of circumstances to introduce this issue, we are providing an “opt out” option for every family. If you do NOT want your student to participate in their class presentation, please find and complete an ‘opt out’ form (one for each child) and return it to the teacher. The opt-out form can be found included in our September RAPP. Alternately, please contact your student’s teacher by email to excuse them from the presentation. In a discrete and thoughtful manner, the teacher will then arrange for your child to spend the 45 minutes of the presentation with another classroom on the same grade level.

If you are interested in finding out more about any of these programs, please contact Jenna Labrum, at (801) 229-1181 or jlalbrum@utahvalleyfamilysupport.org. Alternatively, contact our school counselor Mrs. Nettie Naumann at nnaumann@renacademy.org and see our September RAPP for more information.

Our presentation schedule is as follows;

	Wednesday, Sept 7th	Monday, Sept 26th	Tuesday, Sept 27th
8:00-8:30	Felton (1st)	Gardner (2nd)	Swanson 1st period, Knaupp 1st period (7th) (Gym)
8:30-9:00		Lee (2nd) (Gym)	
9:00-9:30	Holmgren (AM Kinder)	Maliwauki (2nd)	Vidinha 2nd period, Knaupp 2nd period (7/9th) (Gym)
9:30-10:00	Gailey (AM Kinder)	Escalante (5th)	
10:00-10:30	McKim (1st)	Chen (1st) (Gym)	Vidinha 3rd period, Robinson 3rd period (8th) (Gym)
10:30-11:00		Le (3rd)	
11:00-11:30	Williamson/Scheerer (6th)		
11:30-12:00		Wu (3rd) (Portable 1)	Loredo (1st)
12:00-12:30			
12:30-1:00			
1:00-1:30	Dominguez (2nd)	Jones (3rd)	Yin (Bears & Snakes, 5th) (Gym)
1:30-2:00	Holmgren (PM Kinder)	Powell (3rd)	Zhou (4th) (Gym)
2:00-2:30	Gailey (PM Kinder)	Harman (4th)	Wyatt (4th)
2:30-3:00	Hooker (JR Academy)	Hanks (4th)	Hanna (5th)



After School Clubs

We have lots of fun after school clubs going on this year! If you would like to know more about any of these clubs and find out when they are offered, please see this **special edition newsletter**. You can sign up for these clubs at **<https://renacademy.org/afterschool-clubs>**.

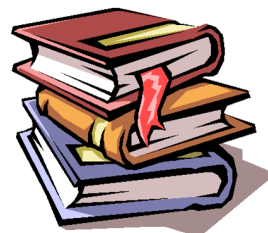
- Elementary Ballroom
- Middle School Ballroom
- Dance club (Elementary Students)
- Chess club
- Improv Comedy
- Krafty Kids (craft club)
- Middle School Dance Team
- Middle School Play
- Elementary School Play

If you have any questions, please contact Julie walker at jwalker@renacademy.org.

Library Volunteer Opportunity

Parents, if you would like to volunteer some of your time in the library, please connect to this link and reserve open time spots. **<https://goo.gl/50F5ld>**

The time is from 11:45 - 12:15 M-F. If this time does not work for you, or no times are available, please email Trudy Messick at tmessick@renacademy.org to make arrangements for a different time.



Phoenix 200 Club

For those of you who are new to our school, the Phoenix 200 Club is our school wide positive behavior program whereby teachers look to present tickets to students demonstrating good behavior, going above and beyond, and following our school expectations of Be Successful, Be Respectful, Be Responsible, Be Honest, Be Kind & Be Safe.

Once a teacher gives a good behavior ticket to a student, the student then brings the ticket into the office. They get to sign their name in the "Celebrity Book" and then they pick a random number out of a box. Whatever number they get, they write their name on the Phoenix 200 Club board on the corresponding number. Once there is a row of at least ten students, those students are the winners of the "Mystery Motivator" for that round. The "Mystery Motivator" could be things such as a fieldtrip, a gift card, a special lunch, etc. Once we get a winning group, we erase the board and start again!



Field trips for 2016-17

This year we have many exciting field trips scheduled, planned and ready for your students to experience. Field trips can only happen with your financial support and donations. For this reason we ask parents of students in Kindergarten through 6th grade to contribute a \$40 field trip donation if at all possible. Field trip costs are covered as part of the MS student fee schedule. We understand this donation may not be possible for all of our families, hence any donation is always appreciated. Your generosity as parents enables our students to really "Experience Education," expand their understanding of curriculum taught by their teacher and get outside of their classroom. So that you as parents know exactly what we hope and plan to do this year, please see our list of scheduled field trips below. Please help us make our field trip plans a reality for your student/s.

Field trip donations can be made in the office (cash or check only) or online at <http://renacademy.org/online-payments> (K-6 donations, 'field trip' or 'misc donation' and label as '1st grade field trip donation' etc). Thank you for your generosity and support of our elementary field trip program. If you have any questions or concerns, please feel free to contact Ms. McCappin at smccappin@renacademy.org.

For more information regarding each specific field trip please contact your student's teacher directly. Please also contact your student's teacher if you are interested in helping chaperon a field trip. Parent helpers are always happily welcomed and appreciated. Field trip donations are received in the front office.

Once again, we appreciate and are grateful for any generosity demonstrated to our students. Thank you.

KINDERGARTEN

- Hee Haw Farms
- Bean Museum
- Aquarium
- Canyon Hike

1ST GRADE

- Walk to Smiths
- Hogle Zoo
- Scera Play
- Dinosaur Park

2ND GRADE

- Walk to Smiths
- Willy Wonka
- Alice in Wonderland
- Planetarium
- Bean Museum, People & Cultures Museum

3RD GRADE

- Hike
- "This is the Place"
- Musuem of Natural Curiosity
- Living Planet Aquarium

4TH GRADE

- Museum of Ancient Life
- Natural History Museum

5TH GRADE

- Hike
- The Capitol
- Biz Town
- Lehi Pool

6TH GRADE

- Clark Planetarium

- Polar Bear Swim

- Hale Theater

MIDDLE SCHOOL

- Language Field trip to restaurants
- Capitol & University of Utah
- STEM Festival
- Hale Theater
- Españolandia
- La Caille
- Lagoon
- Boondocks
- China
- Costa Rica
- Jordan
- Week Without Walls



MEET OUR FACULTY



Mr. Ursic
Executive Director



Ms. McCappin
Dean of Students & Families



Ms. Dieters
Dean of Instruction



Ms. Walker
Director of WL & Curriculum



Mrs. Beck
Director of Special Education



Mrs. Kaumann
School Counselor



Mrs. Davis
Business Manager



Mrs. Blackhurst
Enrollment Specialist



Ms. Simons
Executive Assistant



Mrs. Gailey
Kindergarten



Mrs. Holmgren
Kindergarten



Mrs. Hooker
Kindergarten



Mrs. Loreda
First Grade



Ms. McKim
First Grade



Chen Laoshi
First Grade DLI





Ms. Felton
First Grade DLI
Partner



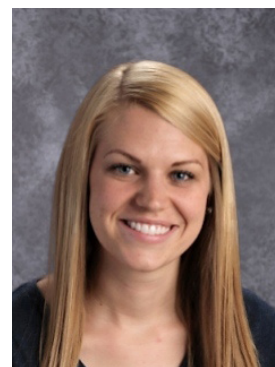
Mrs. Dominguez
Second Grade



Mrs. Maliwauki
Second Grade



Lee Laoshi
Second Grade
DLI



Mrs. Gardner
Second Grade
DLI Partner



Ms. Jones
Third Grade



Ms. Powell
Third Grade



Wu Laoshi
Third Grade DLI



Ms. Le
Third Grade DLI
Partner



Mrs. Hanks
Fourth Grade



Ms. Harman
Fourth Grade



Zhou Laoshi
Fourth Grade DLI



Mrs. Wyatt
Fourth Grade DLI
Partner



Mrs. Hanna
Fifth Grade



Mrs. Escalante
Fifth Grade





Mrs. Yin
Fifth Grade DLI



Mrs. Curley
Fifth Grade DLI
English, Support



Mr. Williamson
Sixth Grade



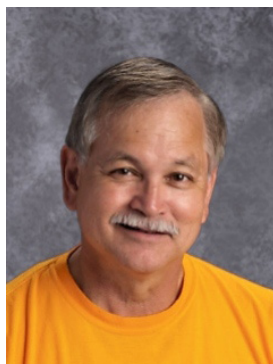
Mr. Scheerer
Sixth Grade



Mrs. Taylor
Sixth Grade



Mrs. Dobson
MS Math (8th &
9th)



Mr. Swanson
MS Math



Mr. Vidinha
MS Science



Mr. Jones
MS Language
Arts



Mr. Robinson
MS History



Señora Calderoni
Spanish



Señor Jefe
Spanish



Señora Beebe
Spanish



Liu Laoshi
Chinese



Ustaaza Wilson
Arabic





Mrs. Nielson
Special Educa-
tion



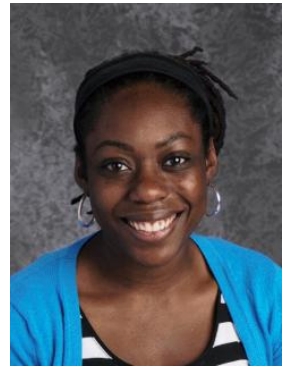
Mrs. Johnson
Special Educa-
tion



Mrs. Scott
Reading Special-
ist



Mr. Story
MS P.E., Health,
Lifeskills



Mrs. Hansen
Elementary P.E.,
Journalism



Mrs. Knaupp
CTE



Mrs. Frottier
Art



Mr. Wright
Library, Key-
boarding



Ms. Kinder
Drama, Music



Mrs. Robinson
Dance, Ballroom



RA HAPPENINGS

A Message from our Junior Academy

What an ambitious beginning to the 2016 -2017 school year for the Jr. Academy kindergarteners! We are already learning the alphabet in sign language (ASL) and those little hands are getting better and better at forming the letter signs. As we practice the ASL letters, it helps children in recall of letter sounds and in reading readiness. We are now using these word signs in class as well: yes, no, bathroom/toilet, and water/drink. Your student will be able to share these signs with you as we continue to practice.

In current events, with the recent floods in the southeast, we watched a child-friendly video covering what causes floods. Jr. Academy students participated in an experiment: "flood in a cup," wherein they learned that the ground can absorb only so much water at one time, before the water has no where to go but up! We also talked about rescue and helpers coming to save people from flooded areas, and that our own state may get a lot of water in places now and then, but we are not in a place that would generally experience floods. :) It is incredible to witness how quickly young students learn!



FEC ANNOUNCEMENTS

FEC Presidency

ALYSON HARPER *President*
alysue23@gmail.com

MARY MECHAM *Vice President*
mmecham@gmail.com

MANDI LEI *VP Classroom Coordinator*
mandijensen@yahoo.com

SARAH CHRISTENSEN *Secretary*
misssarah26@gmail.com

KATIE BRODERICK *Treasurer*
katiebroderick851@gmail.com

FEC Meetings

The FEC meets on the first Friday of each month at 8:00 am in the teacher lounge at the school. Every parent at Renaissance Academy is a member of the FEC and we would love to have your input, your ideas and your help. Feel free to join our meetings any time.

Get involved by joining our Facebook page at <https://www.facebook.com/groups/renaissancefec/>



Carnival

Mark your calendars for Friday, September 16, 4-7 pm, for the RA Fall Carnival Fundraiser! This is a fun family event you won't want to miss, with a dunk tank, over 20 class booths, bounce houses, contests and prizes, a silent auction, and more. All proceeds will go directly back to our kids.



Thank you to so many who are working hard to make this event a success so we can fund our kids' activities this school year. If you have any questions or would like to help please email Amy or Nanette at renaissancecarnival@gmail.com. For more information, please see the flyers at the end of this newsletter.



RA Sweatshirts

If you would like to purchase a Renaissance Academy sweatshirt, please see Emily Simons in the front office or email her at esimons@renacademy.org. All sweatshirts are \$25. They come in navy blue or red and can be zip-up or pullover style. They are available in youth and adult sizes.



STUDENT DRESS CODE REMINDER

Shirts

COLORS - Red, navy, light blue, light yellow or white.

STYLES - Polo shirts, oxford shirts and polo dresses. Shirts may be long or short sleeved but must be long enough to remain tucked in.

REMEMBER - Undershirts in approved top colors may be worn under an approved dress code top.



Bottoms

COLORS - Khaki or navy only. Skirts and jumpers may also be worn in Renaissance Plaid (find this plaid at frenchtoast.com "blue red plaid" only).

STYLES - Pants, shorts, skorts, skirts, capris, jumpers.

REMEMBER - Skirts and jumpers may be no shorter than 2" above the knee. Shorts may be worn under these items for modesty; but must not show.



Sweaters

COLORS - Red, navy, light blue, light yellow or white.

STYLES - Sweaters, sweater vests, cardigans or blazers. Zip-up hoodie in navy, red or white.

REMEMBER - Hoods may not be worn in the school building.

Outerwear

May be worn to and from school and outside recess. They may not contain controversial language, writing, logos or pictures.

Accessories

ITEMS AND COLORS - Belts are considered accessories and may be worn in approved coordinating colors. Socks must be matching in solid white, black, beige, brown or navy. Tights and leggings must be smooth, opaque or cable knit in coordinating top or bottom colors. Tights and leggings may not be worn as pants. Ties must be solid navy or Renaissance plaid.

Shoes

1. Shoes must have a closed toe, back or back strap that allows for daily school activity.
2. Shoes should be conservative in style, and basic (black, brown or white) or coordinating in color (coordinating is defined as any dress code approved color) .
3. Athletic shoes worn to school must also be conservative in style, and basic or coordinating in color as defined above.
4. The following types of shoes are not permitted: with wheels, predominantly fluorescent in color, flashing lights, electronics, character logos, heels greater than 2".
5. Flip-flops and slippers are not permitted.
6. Athletic shoes may be required in Middle School for P.E.



CARPOOL PROCEDURES

As parents drop off and pick up their students at this school, we would like you to remember the following:



NO CELL PHONES

Do not park in traffic zone before or at the end of school.

Parked cars cause a lot of problems when we are trying to keep cars flowing. If for any reason you need to leave your vehicle, please pull into a parking spot.

Please wait in the line of traffic unless directed otherwise by those assisting with traffic.

Please pull forward as much as possible.

We have many parents waiting in line, and the more cars that pull forward, the more students can be taken care of and move traffic at a faster rate.

For the safety of our students, please use crosswalks.

Crosswalks are located by the entrance of our school, and at the exit of the parking lot. Please try to keep our students in the habit of safety by encouraging them to use these crosswalks.

Stay on sidewalks.

Many of our students like to cut across the turn-a-round instead of remaining on the sidewalk. We have many parents who also like to turn their cars around in this circle area as well who may not see the students crossing in the road.

Please be courteous of our neighbors.

We have had complaints from some of our business neighbors of cars parked in their lots, students asking to use business phones, students throwing decorative rocks, etc. Please help us to be a good business neighbor to others around us.

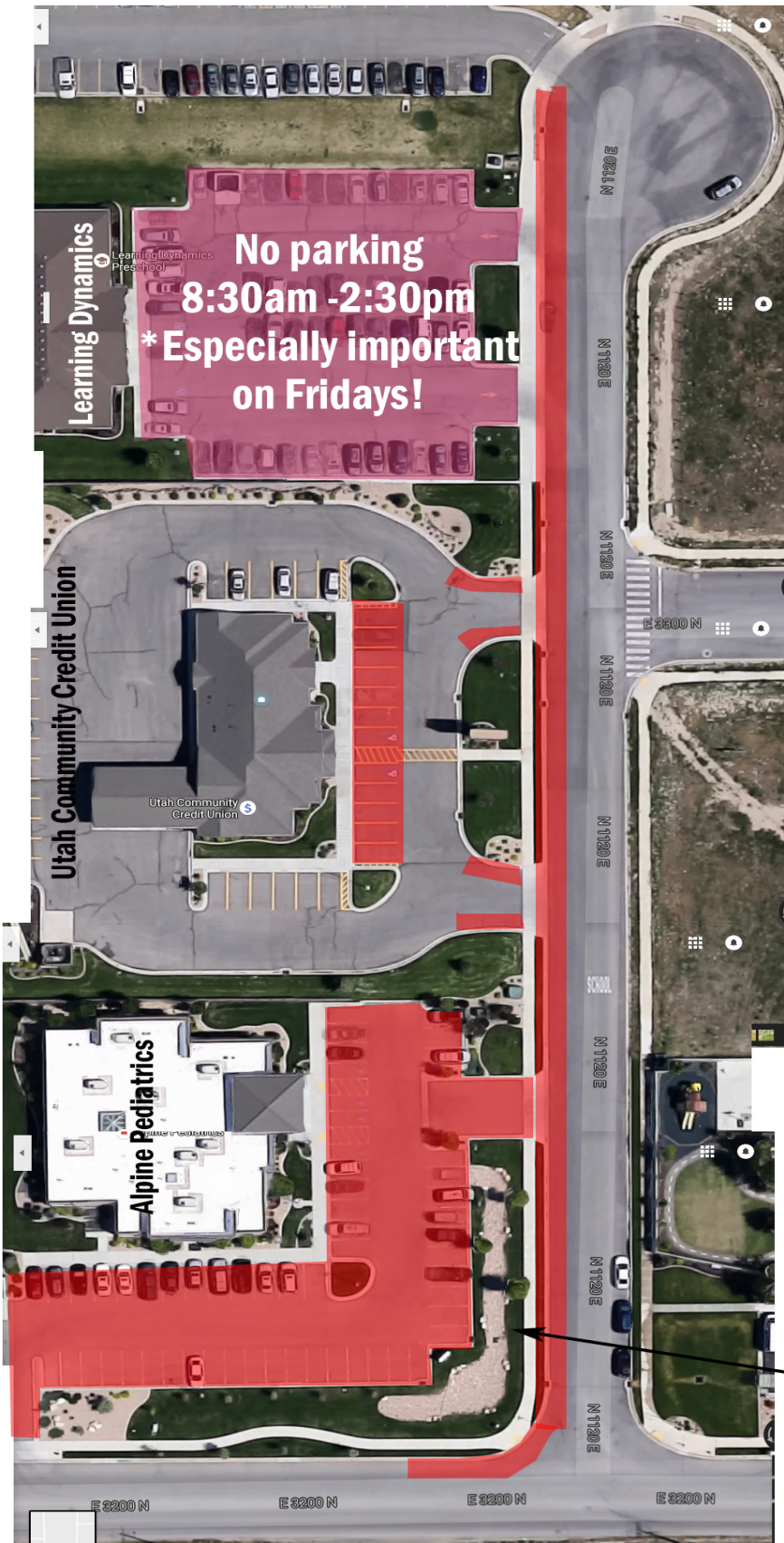
Other reminders

Please only have students exit on north side of vehicle for the safety of students from cars driving past.

If your students take a long time to drop off, please pull into a parking spot to help keep the flow of drop-off traffic moving.



RENAISSANCE ACADEMY



No Parking Zones

*** West side of the street along 1120 East**

*** Please do not park along the entrance to UCCU or in their front parking stalls**

*** Please do not *park or drive through* Alpine Pediatrics**

*** Please *do not park* in Learning Dynamics between 8:30 - 2:30. Especially on Friday's!**

*** Lehi code prohibits parking within 15 feet of the stop sign**

Help us be good neighbors!

**Stay on the Sidewalk
No Trespassing at Alpine Pediatrics
Please be respectful of their
landscape rocks, grass & trees.**

SCHOOL LUNCH INFO

The Food Service Department of Renaissance Academy is so happy to see you!

This is an overview of how we will start the year 2016/17. We are proud to be part of the Healthy, Hunger Free Kids Movement. We serve a beautifully balanced, strictly monitored, healthy, delicious lunch EVERY DAY this year.

This year we will offer a box lunch on Friday between 12:15 and 12:45. We will provide tables for the students to sit and enjoy their lunch. If your student desires a box lunch for Friday, please have them get on the "Friday" count when the teachers take Thursday lunch count.

We will also offer a box lunch for field trips, this year. These will need to be ordered at least one day prior to need. Students can put their name on the teachers list for that specific field day. These must be ordered. I have no way of automatically calculating the needs of the students. Every morning the teacher will take a raise of hands count for that day's lunch. The students need to realize how very important it is to raise their hands if they desire lunch. This count determines the amount we prepare. This count is not connected to any other program i.e. student accounts, free or reduced lunches, etc. If they do not raise their hand, the count is short, and someone, at the end of serving will, unfortunately get a substitute meal.

We OFFER five items. **Protein** (meat/meat alternate), **grain** (whole grain breads, rice, pasta, etc.), **fruit** or **vegetable** (K through 8th must take 3/4 cup, 9th must take 1 cup of fruit or vegetable), and **fluid milk** (we offer 1% White milk and Skim chocolate or strawberry). They can choose at least three of the five items, but they must take the quantity required by the State/Federal guidelines. One of the choices **MUST** be the fruit or veggie. It is my hope that they will take all five items offered. They can take several items from the salad bar but they need to consider the other students and eat what they take. Please talk to your students and help us to help them to make healthy choices. They need to consume the three choices.

We have managed to keep our price point at \$2.50 for one more year. Extra milk is \$.25. Extra main dish is \$1.00 and available **ONLY** after student has purchased the full balanced meal. We may offer other healthy choice, extra items, such as Capri Sun Drinks or snacks for \$.50. If you do not wish for your student to take extra items you must make it clear to them, as we have no way of monitoring or flagging the student. We do not offer extra items to students under 3rd grade.

We will do the lunch payments the same way as last year. There will be payment envelopes available across from the front office. Please place the check or cash in the envelope and seal it. Fill out the required information on the front of the envelope, so that the money can be properly credited. Drop the envelope in the box marked Lunch Money. I pick up the deposits each morning by 8:30 am. If the payment is not in the box prior to 8:30 am it will not be credited until the next day. Encourage your students to use this method, instead of bringing the money through the lunch line. We will accept payments and milk money in the line, but it cannot be credited at that time. We do not have a cashbox and cannot make change. If you have questions on your student accounts please try to contact me at a time other than during serving, as it disrupts the flow of the line. If you choose to use the online payment option,



payment must be made the day previous to need. I download every morning by 9am. I cannot download same-day payments. To set up your accounts follow the instructions and links for Aspire and for SIPLive (online pmts).

If your student is eligible for Free (\$.00) or reduced (\$.40) lunch, there are several ways to apply. The best way is to follow the links on Aspire and fill it out electronically. This is the best option because eventually the app has to be entered online anyway. If you absolutely cannot fill out the application online, you can pick up a hard copy application across from the front office, and submit it directly to the Food Service Department. NOTE: Fee Waivers and Free and Reduced are two separate programs and applications. You must put in two separate applications.

As a courtesy, we try to stamp hands if the account balance is getting low (\$5.00). Your student can choose the reminder or decline the stamp. If the account goes negative, your student will be offered an emergency lunch, which consists of Milk, Bread and Fruit and Salad Bar. You can monitor your students' account on Aspire.

If your student has special dietary needs you must provide the doctor approved special diet statement and acceptable substitutions. This application must be signed by a doctor or specialist as listed on the application. Allergies are generally classified as pick and choose. We offer enough of a variety that most can choose at least three of the items that will fit within their dietary needs. Be aware that we are not a peanut free school. We do provide a peanut free table.

If you have questions or concerns feel free to contact the Food Service Manager.

Thank You
Linda Maxfield
Food Service Manager
Renaissance Academy
lmaxfield@renacademy.org
801-768-4202x5112

[Parent Instructions for Free and Reduced Lunch >>](#)
[Special Dietary Needs Request Form >>](#)



Dear Parents,

The Family Support & Treatment Center is a nonprofit agency whose focus is the prevention and treatment of abuse and traumatic events. For over a decade, the Family Support & Treatment Center has offered insightful presentations meant to educate and empower youth regarding abuse and related issues. The Utah State Office of Education and the school boards in Alpine, Provo and Nepo School Districts have approved these presentations, which are given free of charge at schools. The majority of the presentation is a group discussion that helps students identify what they would do in several situations. Below is a brief description of the presentations. Additionally, a short preview of the videos used in each presentation can be found at playitsafe.org.

- ***My Body Belongs to Me (Preschool)***: Using puppets and games, students learn about body ownership and how to keep themselves safe in various situations. Special emphasis is placed on trusting the "uh-oh" feeling that comes from uncertain touches and people, respecting private parts, and talking to trusted adults.
- ***Max Shares a Secret (1st-2nd grade)***: Students watch a short film about a young girl, Max, which is spending the summer with Grandpa, and shares her secret about her mom's boyfriend. In this program, children are taught to never keep a secret when it's not safe. Students learn about the difference between a good/bad/confusing touch, and the four safety rules to use when they are in trouble (say no, get away, tell someone, yell).
- ***Chase Steps Up (3rd-4th grade)***: Students watch a short film about a young boy, Chase, who loves baseball, but he is tormented by the secret that someone close is abusing him. With the help of his coach, Chase understands he can step up and tell. Students learn that secrets can be good or bad and that telling bad secrets to a caring adult is the right thing to do. Students learn the difference between good/bad/confusing touches, the difference between a good/bad secret, and four safety rules to keep themselves safe (say no, get away, tell someone, yell).
- ***Allen's Discovery (5th-6th grade)***: Students watch a short film about a young boy who writes a paper about sexual abuse in school and begins to suspect that his best friend may be experiencing abuse by her coach and needs help. Students learn the difference between good/bad secrets, how to recognize sexual abuse, and how to be assertive and help if they are concerned about friends. Special emphasis is placed on saying no, telling an adult, and that the victim is never at fault.

Knowing that this is a sensitive subject matter and that some parents may want to choose a different time and set of circumstances to introduce this issue, we are providing an "opt out" option for every family. **Complete the section below (one for each child) and return it to the teacher, if you do NOT want your child to attend the presentation.** In a discrete and thoughtful manner, the teacher will then arrange for your child to spend the 45 minutes of the presentation with another classroom on the same grade level.

If you are interested in finding out more about any of these programs, contact Jenna Labrum, at (801) 229-1181 or jlalbrum@utahvalleyfamilysupport.org.

Sincerely,
Jenna Labrum
Education Specialist

I wish to "OPT MY CHILD OUT" of the Abuse Prevention Presentations that will be held in the classroom. I understand that my child will spend the 45 minutes with another classroom on the same grade level.

Child's Name: _____ Teacher: _____

Signature: _____ Date: _____

Preventing Child Sexual Abuse



**Family Support
& TREATMENT CENTER**
home of hope and healing

CRISIS NURSERY • THERAPY • PREVENTION
www.utahvalleyfamilysupport.org

Signs of Possible Abuse

Physical Indicators of abuse:

- Ⓢ Difficulty walking or sitting
- Ⓢ Pain or itching in genital area
- Ⓢ Sudden weight gain or loss
- Ⓢ Torn, stained, or bloody underclothing

Behavioral Indicators of abuse:

- Ⓢ Inappropriate sexual knowledge, touch, and behavior
- Ⓢ Sudden changes in personality
- Ⓢ Older youths reverting back to younger behaviors
- Ⓢ Unexplained fear or refusal to be around a certain person
- Ⓢ Refusal to go to typical activities
- Ⓢ Trouble sleeping
- Ⓢ Promiscuous/seductive behavior
- Ⓢ Self-harming behaviors (cutting) or self-defeating behaviors (substance abuse)

Make a Difference!

Adults can miss critical opportunities to prevent child sexual abuse if they do not know what to look for

Reacting to Disclosures

- Help them feel comfortable
- Reassure that it is not their fault
- Use terms and language they can understand
- Find out what they want from you
- Be honest
- Validate their feelings
- Be supportive

DON'T

- Interrogate
- React with shock, anger, or disgust
- Force them to talk
- Force them to show injuries
- Teach new words or terms

Where to get help:

Children's Justice Center
(801) 851-8554

Family Support & Treatment Center
(801) 229-1181

Prevention Strategies

- Be engaged in your child's activities
- Know the other adults that your child talks to
 - Coaches, leaders, caregivers
 - Help your child identify other trusted adults in their life for if they ever need to talk to someone
- Talk about media and technology
 - What is good/bad in shows or games
- Educate yourself on your school's programs
 - Work closely with school officials to reinforce practices at home
- BE AVAILABLE
 - Make time to spend with your child
 - Emphasize that they can talk to you
 - Make time if they have questions or concerns
- Set Boundaries

Talking to Kids about Sexual Abuse/Respecting their Bodies

Have open communication about respecting your body

Make it a regular conversation, not a "taboo" topic

Resources:

<https://www.ncopw.gov/en/Education/TalkingChild>

onewithcourageutah.org

<http://www.cfchildren.org/families>

<https://www.psychologytoday.com/blog/overcoming-child-abuse/201006/how-and-when-talk-your-child-about-sexual-abuse> (Also references several books that are helpful in teaching kids)

<http://abenews.go.com/GMA/video/talking-kids-sexual-abuse-10255396>

Talking openly and directly about sexuality teaches children that it is okay to talk to you when they have questions

Reporting Abuse

- Have as much information on hand as possible
 - Name of youth and his/her parents or caretakers
 - Youth's Date of Birth
 - Address
 - School or child care provider
 - Nature of Concerns
- After reporting, you have no legal right to further details
- In Utah, all adults are legally obligated to report suspected abuse
- Don't need to be certain that abuse has occurred in order to report

To report:

855-323-3237 (Utah 24-hour Child Protection Line)

801-374-7005 (Utah County Child Abuse)



RENAISSANCE
ACADEMY



FRIDAY, SEPTEMBER 16TH, 4-7PM

CARNIVAL FUNDRAISER

Wristband entry includes: Car Show, class booths, bounce houses & contests

Tickets are for concessions, specialty booths & raffles

There will be a Silent Auction, Food Trucks, Contests, Raffles, DJ, music and fun galore!

Spirit Tees will also be for sale

Wristbands at presale events are \$20 for a family up to 6,
\$5 individual

Tickets at presale are \$1 each

Prices will increase at the door



RENAISSANCE ACADEMY



September 16, 2016

Donations needed for Silent Auction!

Pizza Party will be awarded for both the classroom that contributes the most items and also the classroom whose donations total the most value.

Suggested themes for each grade are:

Kindergarten

1st Grade

2nd Grade

3rd Grade

4th Grade

5th Grade

6th Grade

Middle School

Heroes/Princesses

Chore Time

Welcome Baby

Date Night

Reading

Sports

Movie Night

Local University Paraphanelia

(but we'll take anything!)

All carnival proceeds will fund FEC activities for the year.

It's for the kids!

Donation deadline extended to THIS FRIDAY, SEPTEMBER 9TH!

You can bring items to your child's classroom or label with your child's teacher's name and bring to the office.

Any items turned in after **Wednesday, September 7th** must be brought to the office.